



26/01/2009

To all the Regions.

**INTERCONTINENTAL JUDGES COURSE  
BEIJING 2009  
CODE OF POINTS 2009- 2012  
REPORT TO ASSIST COACHES**

**This report is compiled to assist coaches in interpreting the new code, but does not substitute proper knowledge and in depth study about the COP done by the coaches.**

**CHAIR**

- Prohibited moves are allowed in lifts [ MP,TRIO & GRP] during the routine- done by the lifted partner only- NOT propelling or airborne moves, or handstands held longer than 2 sec.
- Prohibited moves during the routine- are the same EXCEPT for rolls and knee pirouette which are no longer prohibited.
- Watch out for cartwheels and handstands through vertical lines- dangerous to do it if “close to vertical line”- why do it??

**ATTIRE**

- Any specific detail on a leotard- such as a painted belt, tie- anything which can be connected to “something”- theatrical/ cowboy/ will be deducted for. Leotards which are too “fancy” -sequences, colours etc, are not recommended. It is made very clear that if we want this sport to go to the Olympics, we should become more aware about “flashy’ attire, which is not true to our sport.

**ROUTINES**

- 1min 30 sec for IW & IM. Tolerance of 5 sec plus or minus
- 1 min 45 sec for MP,TRIO & GROUP. Tolerance of 5 sec plus or minus.

**DIFFICULTY**

- IW & IM – 10 elements. Maximum 5 on the floor, includes 2 landing in p/up and 2 landing in split from airborne. [Group C]
- MP,TRIO & GROUP – 12 elements. Maximum 6 on the floor, includes 2 landing in p/up and 2 landing in split from airborne. [ Group C]
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**DELETED ELEMENTS** – elements may be used in choreography

- 1 arm wenson p/up
- Hitch kick

### **CHANGED VALUES:**

- Pike Jump – 0.4- and the whole family moves up 0.1 value
- Scissors leap ½ turn- 0.5- and the whole family moves up 0.1 value

### **GROUP CHANGES**

- Capoeira and Capoeira to split moves to Group D
- Capoeira twists to p/up remains Group A
- V- support ½ twist to p/up group A

### **COMBINATIONS**

- Same group eg. Tuck Jump/AirTurn
- Different Groups eg. Pike Jump ½ turn p/up/Explosive A-Frame to wenson p/up
- Different families

### **MP, TRIO AND GROUPS**

- Elements performed while partners support or touch will no longer count – remember Planche?
- Must do elements at the same time, or consecutively [ immediately] after one another.
- 2 different elements done by different members of the group, must be done together, but the lowest value will apply. Should they repeat the same two elements with the other members of the group, they will then get the value of the other element as well.

### **REMEMBER- ELEMENTS DONE IN COMBINATION DOES NOT COUNT TOWARDS THE GROUP**

### **EXECUTION**

- Timing moves to Artistic
- Brushing the floor in circles, cuts, flairs etc is now considered a fall/ [zero value for difficulty] and 0.5 deducted for execution.
- Turning should be on the ball of the foot, from beginning to the end, [ no hopping] otherwise 0.2 deduction [ zero value for difficulty ].
- Wenson p/up- wenson position MUST be shown- leg must be supported on elbow-immediately- watch out for kicking leg forward towards elbow- without showing the support.[zero value for diff]
- **NEW TABLES CREATED FOR EXECUTION DEDUCTIONS- ALSO FOR BASIC AEROBIC STEPS .**
- **WRITTEN DESCRIPTION IN APPENDIX 11 REVIEWED AND CORRECTED.**
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**It is my opinion that Execution deductions to be applied are very clear, and set out in the scale as small, medium , large and unacceptable/fall, scale. Small, being 0.1, Medium 0.2, Large 0.3 and Unacceptable/Fall 0.5 .**

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### 3.

#### ARTISTIC

The criteria for Artistic has gone thru a huge change, but it is my opinion that if applied properly, the artistic routine will reap the benefit from this system.

#### THE SCALE:

Excellent- 1.0 - perfect  
Very Good 0.8 – 0.9 - small deviation  
Good 0.6 – 0.7 - medium deviation  
Satisfact 0.4 – 0.5 - large deviation  
Poor 0.0 – 0.3 - Unacceptable

#### THREE CATEGORIES

##### COMPOSITION

- Dynamism & fluency of whole routine 1pt- scale
- Complicated & creative [not AMP] 1pt-scale
- Variety/Balance [ repetitions?boring?] 1pt-scale
- Space [ floor/levels/travels etc] 1pt-scale

##### AEROBIC MOVEMENT PATTERNS

- Variety [ boring?] 1pt-scale
- Complexity [ frequency] 1pt-scale
- Amount and balance 1pt-scale  
[How many amp's in routine/ how and where placed in routine.]

##### PRESENTATION AND MUSICALITY

- Presentation- clean/athletic/confident 1pt-scale
- Music- construction 1pt-scale
- Music- use [ also timing] 1pt-scale

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TOTAL POINTS

10 POINTS

**COMPOSITION AND AMP IS TOTALLY DIVORCED FROM EACH OTHER, THUS WHILE THE COMPETITOR MAY GET AN EXCELLENT MARK FOR COMPOSITION [ HIGH INTENSITY MOVES, NO STOPS, PAUSES, INTERESTING LINKINGS AND TRANSITIONS, MANY BODY PARTS INVOLVED ALL THE TIME] IF THE AMP IS NOT SUFFICIENT ie NOT MANY INTERESTING, RECOGNIZABLE PERFECT 8CT AMP PLACED AND BALANCED WELL RIGHT THROUGH THE ROUTINE, THE COMPETITOR WILL BE PENALISED UNDER AMP.**

**THE CONSTRUCTION OF THE MUSIC WAS EMPHASISED- TOO MANY SPECIAL SOUND EFFECTS, AND THE MUSIC BEING “BACK GROUND” MUSIC WAS DISCUSSED.**

Regards

SUSAN POTGIETER  
PROGRAMME MANAGER

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