



**Date: 13.5.2009**

**To: Regions  
 Board of Directors**

**Re: New Levels Manual – Errata**

Please note the following errata to the New Levels Manual:

Pg	Text	Change to:
Level 1 Dance	Counts 1 / 3: Body Movements With ¼-turn R	With ¼-turn L
Level 4 Hoop	Counts 11 / 3-4: Body Movements Turn L (or R) and perform sitting turn to stand facing point 3.	Turn L (or R) and perform sitting turn to stand facing point 1.
Level 4 Hoop	Counts 16 / 1-2: Body Movements Stand with feet together, rise onto toes and then kneel on R knee, still facing point 8.	Stand with feet together, rise onto toes and then kneel on L knee, still facing point 8.
Level 5 Dance	Counts 16 / 1-4: Body Movements Turn L to face front.	Turn L to face side.
Level 5 Clubs	Counts 6 / 3-4: Body Movements Plié, relevé. Small lunge FW. Close feet.	Plié, relevé. Step BW into lunge. Close feet.
Level 6 Ball	Counts 4 / 3-4: Body Movements Turn L to kneel with R leg in front of L leg. Facing point 2. Small body wave.	Turn R to kneel with R leg in front of L leg. Facing point 2. Small body wave.
Level 6 Clubs	Counts 13 / 1-4: Apparatus Movements CW frontal mills above the head.	Mills can be performed CW (as seen in DVD) or ACW. <b>If mills are performed ACW, please see the change below.</b>
Level 6 Clubs	Counts 14 / 1-4: Body Movements ¼-turn R to face side, feet continue similar movement: step BW onto bent L knee, then BW onto straight R leg on toes. Repeat.	¼-turn L to face side, feet continue similar movement: step FW onto bent L knee, then FW onto straight R leg on toes. Repeat. <b>After Attitude Balance – Close feet while performing ½-turn to face point 2.</b>
Voluntary Rules: Pre-Junior	Each exercise of 10 difficulties must contain a minimum of 8 elements from the Compulsory Body Movement Group (GCO). An exercise of 9 or less difficulties must contain a minimum of 6 elements from the Compulsory Body Movement Group (GCO).	An exercise of 8-10 difficulties must contain a minimum of 7 difficulties from the Compulsory Body Movement Group (GCO). An exercise of 7 or less difficulties must contain a minimum of 5 difficulties from the Compulsory Body Movement Group (GCO).

Voluntary Rules: Pre-Junior	The Hoop exercise must be represented by all the Body Movement Groups as follows: At least 2 and not more than 4 difficulties from each group.	The Hoop exercise must be represented by all the body movement group as follows: An exercise of 8-10 difficulties must contain minimum of 2 difficulties from each Body Movement Group. An exercise of 7 or less difficulties must contain a minimum of 1 and a maximum of 2 difficulties from each Body Movement Group.
Voluntary Rules: Junior	Each exercise of 10 difficulties must contain a minimum of 8 elements from the Compulsory Body Movement Group (GCO). An exercise of 9 or less difficulties must contain a minimum of 6 elements from the Compulsory Body Movement Group (GCO).	An exercise of 8-10 difficulties must contain a minimum of 7 difficulties from the Compulsory Body Movement Group (GCO). An exercise of 7 or less difficulties must contain a minimum of 5 difficulties from the Compulsory Body Movement Group (GCO).
Voluntary Rules: Junior	The Hoop exercise must be represented by all the Body Movement Groups as follows: At least 2 and not more than 4 difficulties from each group.	The Hoop exercise must be represented by all the body movement group as follows: An exercise of 8-10 difficulties must contain minimum of 2 difficulties from each Body Movement Group. An exercise of 7 or less difficulties must contain a minimum of 1 and a maximum of 2 difficulties from each Body Movement Group.
Groups	Elite Group – 4 gymnasts (may have 1 reserve)	<b>2009</b> – Elite group - 4 / 5 gymnasts (may have 1 reserve) <b>2010</b> – Elite group must have 5 gymnasts (may have 1 reserve)
Group	Junior Group – 4 gymnasts (may have 1 reserve)	Junior Group – 4 gymnasts (may have 1 reserve)
Group	Add the following:	2010 – Youth Olympics Junior Groups entering these trials must be made up of 4 gymnasts (no reserve). All gymnasts must have been born in 1995.

Regards

I.van Achterbergh