



**Date: 20.5.2009**

**To: Regions  
Board of Directors**

**Re: Voluntary Routines – Risk Elements**

**Dear Coaches & Judges**

**Please take note of the following decisions made by the technical committee regarding Risk elements in voluntary routines. If any coaches are still unsure of how to implement these rules, please refer to the FIG code which is available on the FIG website.**

**Level 8 u/11**

- They do not have to do a Risk element (PR); they only have to do one single rotation under an apparatus which then falls under **mastery**.
- The rotation may be around the vertical or the horizontal axis. For example: roll, illusion, cartwheel, forward walkover, chaîné turn, etc.
- Gymnasts may have a **maximum of 1 risk element** in addition to the 2 mastery elements.
- This risk element may not consist of more than 2 rotations (PR).
- There is NO penalty if there are no risk or mastery elements in a routine.

**Level 8 u/13, u/15, o/15**

- Gymnasts may have a **maximum of 2 risk elements** in each routine.
- Risk elements may not consist of more than 2 rotations (PR).
- There is NO penalty if there are no risk elements in a routine.
- The penalty for having more than 2 risk elements is 0.20 for each additional risk element (D2 judges). In addition, the additional risk elements will not be evaluated.

### **Level 9 u/13, u/15, o/15 & Level 10**

- Gymnasts may have a **maximum of 2 risk elements** in each routine.
- Risk elements may not consist of more than 3 rotations (PR<sub>1</sub>).
- There is NO penalty if there are no risk elements in a routine.
- The penalty for having more than 2 risk elements is **0.20** for each additional risk element (D2 judges). In addition, the additional risk elements will not be evaluated.

### **Pre-junior**

- Gymnasts may have a **maximum of 2 risk elements** in each routine.
- Risk elements may not consist of more than 2 rotations (PR).
- There is NO penalty if there are no risk elements in a routine.
- The penalty for having more than 2 risk elements is **0.20** for each additional risk element (D2 judges). In addition, the additional risk elements will not be evaluated.

### **Junior Olympic**

- As per FIG Code.
- Gymnasts may have a **maximum of 2 risk elements** in each routine.
- Risk elements may have 2, 3 or 4 rotations (PR, PR<sub>1</sub> or PR<sub>2</sub>).
- The penalty for having more than 2 risk elements is **0.20** for each additional risk element (D2 judges). In addition, the additional risk elements will not be evaluated.
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### **Senior Olympic**

- As per FIG Code.
- Gymnasts must have a **minimum of 3 risks elements** in each routine.
- Risk elements may have 2, 3 or 4 rotations (PR, PR<sub>1</sub> or PR<sub>2</sub>).
- The penalty for having less than 3 risk elements is **0.20** for each missing risk element (D2 judges).

Regards

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