

## FIG TUE Process 2010

### **Requested conditions to apply for a TUE to FIG:**

- A gymnast shall submit her/his application to FIG, through ADAMS, as soon as s/he knows about the need to use the prohibited substance but **no later than 30 days** before the approval to use the Prohibited Substance is needed (eg, for a competition)
- The gymnast would experience a **significant harm to her/his health** if the Prohibited Substance or Prohibited Method were to be withheld in the course of treating an acute or chronic medical condition.
- The therapeutic use of the Prohibited Substance or Prohibited Method would produce **no additional enhancement of performance** other than that which might be anticipated by a return to a state of normal health following the treatment of a legitimate medical condition.
- There is **no reasonable therapeutic alternative** to the use of the otherwise Prohibited Substance or Prohibited Method.
- The necessity for the use of the otherwise Prohibited Substance or Prohibited Method **cannot be a consequence**, wholly or in part, of the prior use, without a TUE, of a substance or method which was prohibited at the time of the use.
- The gymnast must have a well-documented medical condition backed by reliable, relevant and sufficient medical data.
- The TUE request must be in one of the two official languages of FIG, **English or French**.

### **Criteria for granting a retroactive or emergency TUE:**

- **Emergency** treatment or treatment of a severe medical condition was necessary, or
- Due to **exceptional circumstances**, there was **insufficient time or opportunity** for an applicant to submit, or a TUEC to consider, an application prior to Doping Control, and
- The **explanation** why it is a retroactive or emergency TUE is given on the application form on ADAMS (in FRA or ENG), and
- The request is submitted **within 14 days** of the treatment.

*Please note that medical emergencies or acute medical situations requiring administration of an otherwise Prohibited Substance or Prohibited Method before an application for a TUE can be made, are **uncommon**.*

*Similarly, circumstances requiring expedited consideration of an application for a TUE due to imminent competition are **infrequent**.*

## **Application process:**

- 1) If the Gymnast does not have yet an ADAMS account, s/he must connect to the FIG Website under the Anti-Doping/Testing Programme/TUEs section and request one through the "ADAMS Account Request" table.
- 2) Once the ADAMS account received on the email provided, connect to ADAMS, duly complete and submit the corresponding form (DoU/TUE).
- 3) The information on the ADAMS forms must be inserted in French or English and, if necessary, a summary translation in French or English of the medical documentation.
- 4) The application shall list any previous and/or current TUE requests, the body to whom that request was made, the decision of that body, and the decisions of any other body on review or appeal.
- 5) The application must include a comprehensive medical history, the statement by a qualified physician attesting to the necessity of the use of the substance and a copy of the results of all medical exams relevant to the application. It must be signed by the doctor.
- 6) The application must include the doctor's email and phone number.
- 7) Make sure that all the requested documents (i.e. respiratory tests, medical history, etc...) are joined to the request on ADAMS (scanned and attached under the step 5 "Add medical info" section). If the documents are unable to be scanned, they must be sent to FIG (by email, fax or regular mail).
- 8) Submit the application on ADAMS and print a copy of the Application Form with the date of the submission.
- 9) Check regularly for messages and notifications on ADAMS until the request is completed.
- 10) If the request is accepted by the FIG TUEC, the gymnast shall print the Certificate of Approval, from ADAMS, and have a copy with her/him at all time.
- 11) Show the copy of the Certificate of Approval or of the Declaration at testing.
- 12) List the use of the substance on the Doping Control form.

Gymnasts may authorise their Doctor or Athlete Support Personnel (NF, NADO, Family member, coach, etc...) to insert TUE/DoU requests on ADAMS on their behalf. Therefore, FIG will create a special account for this person. In order to do so, FIG must receive a written document signed by the gymnast (and her/him legal representative if s/he is minor) granting this person the right to access personal medical information.

**!!!** It is ALWAYS the Athlete's responsibility to ensure that the declaration or request is made on time and is accurate. Where feasible the online declaration or request should be made in the presence of the prescribing physician.

FIG does not automatically recognise any NADO, NF or any other organisation's TUEC decisions. Therefore, the complete medical file must be submitted to FIG TUEC, even if a TUE has been previously granted for the same substance by another organisation.

## **Use of an inhaled Beta-2 Agonist:**

### **Salbutamol and Salmeterol:**

Starting on 1<sup>st</sup> January 2010, salbutamol and salmeterol when taken **by inhalation** at therapeutic doses are no longer on the prohibited list.

- **All FIG Gymnasts shall:**

- 1) **declare the use on ADAMS\*** as soon as the product is used (Declaration of Use - DoU);
- 2) the declaration must mention: - the diagnosis – the generic name of the substance – the dose undertaken – the route of administration – the name, email and contact details of the physician;
- 3) **list the use on the Doping Control Form**, at the time of testing whether in- or out of competition.

Please note that suprathreshold dosages may result in urinary levels of >1000 ng/ml which would be considered an Adverse Analytical Finding (AAF). In such cases, the gymnast will have the burden to demonstrate, through a controlled pharmacokinetic study, that the high levels in the urine were a result of therapeutic inhaled use.

### **Formoterol, Terbutaline or other Beta-2 Agonists:**

These substances are still prohibited and require a TUE from FIG.

- **All FIG Gymnasts shall:**

- 1) request a **TUE on ADAMS\*** to the FIG TUEC **30 days before** the use of the substance, including a complete medical file and pulmonary function tests, including a clear explanation of why an alternate medication is being prescribed;
- 2) **list the use on the Doping Control Form**, at the time of testing whether in- or out of competition;
- 3) the substance may not be used before the gymnast has received the Certificate of Approval by the FIG TUEC.

\* The form may be submitted/declared on ADAMS only if all the compulsory fields (with a red star) are completed.

## **Use of Glucocorticosteroids by non systemic routes:**

When the use of glucocorticosteroids is necessary to the gymnast by the following routes:

- Localised injection  
(intra-articular, peri-articular, peritendinous, epidural and intradermal)
  - Inhalation
- 1) the gymnast has to **declare the use on ADAMS\*** as soon as the product is used (**Declaration of Use - DoU**);
  - 2) the declaration must mention: - the diagnosis - the generic name of the substance - the dose undertaken - the route of administration - the name, email and contact details of the physician;
  - 3) the gymnast has to **list the use on the Doping Control Form**, at the time of testing whether in- or out of competition.

### ***! Gymnasts are reminded that !***

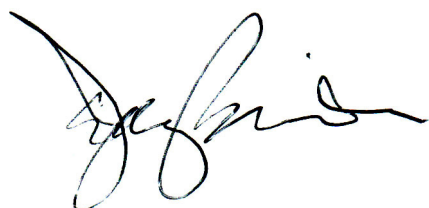
*(1) A Therapeutic Use Exemption is still required for glucocorticosteroids administered by oral, intravenous, intramuscular or rectal routes.*

*(2) Topical preparations (e.g. eye drops, nasal sprays, creams, & ointments) containing a glucocorticosteroid are not prohibited and DO NOT require either a TUE or a declaration of use.*

### **ATUEs:**

All previously granted **Abbreviated Therapeutic Use Exemptions (ATUEs)** that have not already expired or been cancelled did expire on 31<sup>st</sup> December 2009. A DoU or TUE shall be declared or requested by the gymnasts concerned if necessary.

\* The form may be submitted/declared on ADAMS only if all the compulsory fields (with a red star) are completed.



**Dr Jay BINDER**  
President ad interim of the FIG TUEC



**André Gueisbuhler**  
FIG Secretary General