

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



Lausanne, 3rd February 2010

To the attention of all FIG Affiliated Federations

TUE Process – 2010

Dear President,
Dear Secretary General,

We would like to draw your attention to the new **2010 TUE Process** her attached and available on the FIG website under the Anti-Doping Section. This process is based on the International Standard for TUEs, which should be read in conjunction with the FIG process and which is also available on the FIG and WADA websites.

Please also note the following points:

- Since last autumn, all TUE requests have to be submitted **through the ADAMS system only**. For gymnasts who do not have already an ADAMS account, they can request one from the ADAMS Account Request table, on the TUE page of the FIG Website. Any other form of TUE submission will not be taken into account.
- As of 1st January 2010, only Therapeutic Use Exemptions (**TUEs**) and Declarations of Use (**DoU**) still exist. Asthma TUEs (AST) and Abbreviated TUE (ATUE) do not exist anymore.
- Gymnasts, whose **ATUE** expired on 31st December 2009, or was supposed to expire later, will need to fill out and submit a Declaration of Use on ADAMS instead.
- The **List of Prohibited Substances** has been updated by WADA. The 2010 List of Prohibited substances is available on the FIG and WADA websites.
 - Salbutamol and Salmeterol taken by inhalation for therapeutic use are no longer on the list. Nonetheless, a Declaration of Use is still required.
 - !!! Salbutamol will still be prohibited for urinary concentrations above 1,000 nanograms per millilitre. In such cases, there will be a presumption that the substance was not taken by inhalation and the gymnast will have the burden to demonstrate through a controlled pharmacokinetic study that the level found in his urine was the result of therapeutic inhaled use.
 - For any other Beta2Agonist, a TUE is requested.
 - Pseudoephedrine has been reintroduced in the WADA List of Prohibited Substances. Please be careful as this substance is commonly found for example in topical nasal decongestion preparations, in diet pills or various flu medicines.

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Should you require any precisions or complement of information, please consult the FIG Website under the Anti-Doping section or direct all your queries concerning anti-doping by e-mail to: lzumbrunnen@fig-gymnastics.org.

We thank you again for your precious assistance and for informing your gymnasts and coaches and all the staff working with gymnasts as it is very important for the Gymnasts that they submit their TUE request on time if they need to use a prohibited substance.

Yours Sincerely,

André Gueisbuhler
FIG Secretary General

Laetitia Zumbrunnen
FIG Anti-Doping and Medical Manager

Enclosed: FIG 2010 TUE Process

Copies:

- Nicolas Buompane, FIG Deputy Secretary General
- Dr. Michel Léglise, President of the Medical Commission
- WADA European Regional Office, Lausanne
- WADA Headquarters, Montreal

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